



Missouri's Women, Infant and Children's nutrition program wants to help...

- Women who are pregnant, in postpartum or breastfeeding
- Infants under 12 months old
- Children under 5 years old

...eat well and stay healthy!

Please contact your local WIC provider for more information, or 1-800-TEL-LINK.

For more information call:

Missouri Department of Health and Senior Services • WIC and Nutrition Services P.O. Box 570 • Jefferson City, MO 65102-0570 • 573-751-6204 • www.dhss.mo.gov/WIC